

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: BCSG

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: GRANDIO QUIJADA ALEXANDRE

Coaches: SCULIER THOMAS

Coaches: PASSELECQ DOMINIQUE

Coaches: HERBINT JEROME HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:6, starttime: 10:18
Heat: 6/20 Lane : 8 Athlete: BOULARD VALENTINE			Q-time: 01:30:90
PB (50m pool): 01:39.45 La Louvière 08/02/2026			PB (25m pool): 01:56.41 SB: 01:39.45 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:48.46	01:39.45	
	00:48.46	00:50.99	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:14, starttime: 10:38
Heat: 14/20 Lane : 7 Athlete: ROMBAUX CAMILLE			Q-time: 01:23:43
PB (50m pool): 01:30.86 Antwerpen 20/07/2025			PB (25m pool): 01:29.72 SB: 01:33.11 Charleroi 19/10/2025
	5 0 M	1 0 0 M	
PB	00:44.45	01:30.86	
	00:44.45	00:46.41	
			

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14			Heat:6, starttime: 11:45
Heat: 6/9 Lane : 2 Athlete: SALAMONE LUNA			Q-time: 01:23:59
PB (50m pool): 01:28.12 La Louvière 08/02/2026			PB (25m pool): no time SB: 01:28.12 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:40.64	01:28.12	
	00:40.64	00:47.48	
			

Coach feedback:

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Event number: 21: 100M BREASTSTROKE WOMEN 13-14				Heat:7, starttime: 11:47	
Heat: 7/9 Lane : 4 Athlete: DUBREUCQ ALEXANDRA				Q-time: 01:22:12	
PB (50m pool): 01:25.22 Antwerpen 20/07/2025				PB (25m pool): 01:29.58 SB: 01:27.23 La Louvière 07/06/2026	
	5 0 M	1 0 0 M			
PB	00:40.25	01:25.22			
	00:40.25	00:44.97			
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14				Heat:8, starttime: 11:49	
Heat: 8/9 Lane : 3 Athlete: VALLEE ELISA				Q-time: 01:20:39	
PB (50m pool): 01:22.75 La Louvière 08/02/2026				PB (25m pool): 01:21.80 SB: 01:22.75 La Louvière 08/02/2026	
	5 0 M	1 0 0 M			
PB	00:38.74	01:22.75			
	00:38.74	00:44.01			
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14				Heat:9, starttime: 13:24	
Heat: 9/15 Lane : 7 Athlete: DUBREUCQ ALEXANDRA				Q-time: 02:42:00	
PB (50m pool): no time				PB (25m pool): 03:03.00 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14				Heat:11, starttime: 13:31	
Heat: 11/15 Lane : 2 Athlete: VALLEE ELISA				Q-time: 02:39:56	
PB (50m pool): 02:46.09 La Louvière 08/02/2026				PB (25m pool): 02:53.27 SB: 02:46.09 La Louvière 08/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.76	01:21.32	02:04.75	02:46.09	
	00:38.76	00:42.56	00:43.43	00:41.34	
					

Coach feedback:

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Event number: 23: 200M BACKSTROKE WOMEN 13-14				Heat:13, starttime: 13:38	
Heat: 13/15 Lane : 7 Athlete: DELROT KEYLA				Q-time: 02:35:91	
PB (50m pool): 02:43.65 Charleroi 24/05/2026				PB (25m pool): 02:44.39 SB: 02:43.65 Charleroi 24/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.67	01:19.26	02:02.25	02:43.65	
	00:37.67	00:41.59	00:42.99	00:41.40	
					

Coach feedback: